



Welcome to the latest edition of The Junction's

E-ZINE



The Junction – Young People Health and Wellbeing
82-86 Great Junction Street, Edinburgh EH65LL

The **E-ZINE** is a monthly wellbeing information bulletin for young people in Leith and North East Edinburgh. It tells you about The Junction and the services we provide, including stuff like when we are open and what's on.

You can also find out **much more** at our new and improved **website**
<http://the-junction.org/>

SEPTEMBER'S HOT TOPIC

This month's topic is **food , nutrition and exercise**. Young people have the opportunity to participate in a variety of activities and games at the drop-ins.

Come and get involved, tell us what you really think of food



We'll also be on street outreach and at school outreach where you can test your knowledge on all things food and nutrition.



If you're interested in getting more active pop into the drop-in and speak to a worker about the Edinburgh Leisure CAP Card. This card helps young people to access the facilities at Edinburgh Leisure.

OUR NEW SERVICE



Walk-In Appointments

At **Walk-in** appointments, a worker may be able to see you straight away or will try to give you an appointment for later that day.



The Junction is a free, confidential service for anyone 12-21. You can talk to a worker about anything that is affecting your life.

We provide the following sexual health services: C:card, Chlamydia Testing and Pregnancy Testing.

Our **Drop-in** service is also available at the following times:

Wednesday 4.30 -7.30pm

Friday 2-5pm

Need more information? Contact us:

82 - 86 Great Junction Street. Edinburgh, EH6 5LL

Tel: 0131 553 0570 Text: 07758 348 850

info@the-junction.org www.the-junction.org



THE JUNCTION PEER RESEARCHERS

YOUNG PEOPLE'S ACCESS TO TOBACCO VIA SOCIAL SOURCES

The Junction - Young People Health & Wellbeing, in conjunction with Edinburgh University and NHS Lothian are one of four youth projects using Peer Research to explore young people's access to tobacco via social sources.

And we are looking to build a team of young people aged 14 – 21, who will work together to develop this research project.



We reckon the best way to get started is to meet as a group and discuss our ideas, learn more about tobacco and its impact on young people; as we move forward developing our skills as researchers. We are looking for smokers and non-smokers.

Wednesdays, 5.30pm - 7.30pm

8th October - 17th December

at The Junction, snacks & bus fare provided

What will you get out of it...

and up to a
£30
completion
voucher

Develop New Skills

Build Your Confidence

Learn About Research

Add To Your C.V. & Get A Reference

Interested? What More Information? Contact:

aprilwendy@the-junction.org
or call 0131 553 0570

