

WHAT'S
YOUR
STORY?

THESE HANDS...

...HAVE

SUFFERED

BLED

CRIED

HURT

SCARS

*These hands have
been through trauma
and have been harmed,
suffered and gone through
despicable things*

...CAN

GET
BETTER

CREATE

TAKE

RESPONSIBILITY

PERFORM

GROW

IMPROVE

*These hands can
learn from mistakes
learn from past scares
and improve*

...WILL

HEAL

LOVE

UNDERSTAND

TRAVEL

*These hands will
eventually heal
learn to understand
the path they've gone through
and will finally learn
to love themselves*