

# **Trainee Counsellor Placements**

## **Role Description**

**We are open to trainee counsellors/psychotherapists from a wide range of modalities; however they must be over 21.**

### **PURPOSE OF THE ROLE**

To provide high quality counselling to young people (12 - 21-years-old) in accordance with the BACP code of ethics and The Junction's policies and procedures.

### **TASKS**

- To meet weekly with up to four clients for counselling sessions at The Junction premises.
- To keep up-to-date client records in accordance with The junction's record keeping policy
- To meet attend for regular counselling team meetings to reflect on the counselling service, engage in relevant training and utilise peer supportive learning.
- To meet for reviews with assigned team mentor
- To reflect on client work.
- To follow Junction policies and procedures.

### **REQUIRED SKILLS, QUALITIES & EXPERIENCE**

- Good communication and literacy skills.
- Awareness of the Junction's services and ethos.
- To be enrolled on or have completed a Diploma in counselling or equivalent.
- To be interested in young people's development and issues they may face.
- Reliability and flexibility.

## **TRAINING & SUPPORT PROVIDED**

- Counselling service induction including Child Protection training
- Review meetings with assigned team mentor
- Team support and regular learning opportunities provided by The Junction staff team.

## **ANY OTHER REQUIREMENTS**

- Ability to adhere to the Junction's confidentiality policy.
- Ability to work independently.
- Must have external clinical supervision in place in accordance with BACP, COSCA or equivalent professional body requirements.
- Must provide own professional indemnity insurance.
- Be a member of BACP, COSCA or equivalent organisation.
- Able to hold boundaries.
- Willing and able to engage in self-care and, where required, personal therapy.
- Safe and appropriate record keeping in accordance with The Junction's policies and procedures.
- Engaging with administrative systems such as room booking.
- Able to work within The Junction's values and ethos (in particular, reflective practice, seeing young people as assets, a harm reduction approach and providing holistic, accessible support).